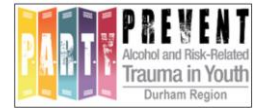




Heads Up! Durham: Durham Region P. A.R.T.Y. Pilot Program Final Report: April and May 2023



Durham Region P.A.R.T.Y. Pilot Schools:

April 04:	Notre Dame CSS, Ajax
April 18:	Notre Dame CSS, Ajax
May 02:	Archbishop Denis O'Connor CHS, Ajax
May 16:	Archbishop Denis O'Connor CHS, Ajax
May 31:	All Saints CSS, Whitby

The course curriculum that the P.A.R.T.Y. Program is being incorporated into:

- *Gr 11 Physical Health Education – Substance Use and Abuse Program*
- *Personal Fitness, Health Care, Health and Wellness, Physical Education*
- *Students in grades 10, 11 and 12 (Health and Phys Ed)*
- *Anatomy*
- *Leadership and Peer Support*

Students Heard From:

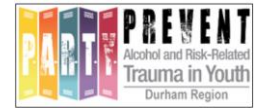
- *Heads Up! Durham, Linda Lowery: (The Brain and Traumatic Brain Injury; 'Ripple Effect' of an injury)*
- *Ajax Fire and Emergency Services: Role of Fire Services at a Motor Vehicle Collision (MVC)*
- *Durham Regional Police Service: Impaired Driving, Distracted Driving, Speeding*
- *Propel Physiotherapy: Anatomy of the spine; Rehab following a Spinal Cord and/or Traumatic Brain Injury*
- *Injury Prevention Advocate: Sarah Ginn (MVC survivor)*

Sample Teacher Comments:

- *I think the program did a great job creating awareness in our students.*
- *Very meaningful presentations. A big thank you to everyone involved in the P.A.R.T.Y. program!*
- *All presenters were informative and did a wonderful job.*
- *All students in grades 10 and 11 should hear this program. Thanks so much for reaching out to our students.*
- *Loved the presentations!*
- *Excellent!! So interesting!*
- *The program encompassed a lot more than I had anticipated.*
- *I wish all...students got to experience this presentation.*
- *I thought there was an excellent mix of diverse speakers and activities that kept the program moving well and kept the students interested. All the info was informative and practical.*
- *Keep up the great work! Delivers a very important message to teenagers. Also great for career ideas with police, fire, physio etc. presenting!! Thank you so much for giving our students this opportunity! A terrific day for sure!*



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Sample Teacher Comments cont'd

- *The presentation by all services was very informative.*
- *Sarah's story was very special. It was inspirational.*
- *Great work! It would be nice to have you present a shortened version as an assembly for the whole school community.*
- *Good variety of perspectives explaining different parties involved in an MVC, lots of info, eye-opening.*
- *I wish this reached more people, very important and eye-opening. Thank you!*

April 5/23: Follow up email from Rose Booker, Curriculum Chair of Physical and Health Education, Notre Dame Catholic Secondary School; Ajax, Ontario (after attending first session):

Thanks for a great and informative day. All the students said that it will definitely make them think when they get behind the wheel. My only wish is that all ND (Notre Dame) students get this message!!

Student Feedback:

Students were asked to rate these categories from:

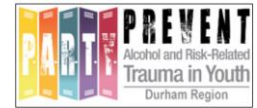
'Strongly Disagree, Somewhat Disagree, Neutral, Somewhat Agree and Strongly Agree'.

Most responses throughout fell into the 'Strongly Agree' category.

	April 4/23: 21 students	April 18/23: 19 students	May 2/23: 27 students	May 16/23: 18 students	May 31/23: 15 students
I learned more about causes of injury.	Somewhat Agree/ Strongly Agree (20): 95%	Somewhat Agree/ Strongly Agree (19): 100%	Somewhat Agree/ Strongly Agree (26): 96%	Somewhat Agree/ Strongly Agree (16): 89%	Somewhat Agree/ Strongly Agree (15): 100%
I was introduced to strategies to help identify injury risk.	Somewhat Agree/ Strongly Agree (21): 100%	Somewhat Agree/ Strongly Agree (19): 100%	Somewhat Agree/ Strongly Agree (26): 96%	Somewhat Agree/ Strongly Agree (15): 83%	Somewhat Agree/ Strongly Agree (15): 100%
I was introduced to age-appropriate strategies for reducing the risk of injury.	Somewhat Agree/ Strongly Agree (20): 95%	Somewhat Agree/ Strongly Agree (19): 100%	Somewhat Agree/ Strongly Agree (23): 85%	Somewhat Agree/ Strongly Agree (15): 83%	Somewhat Agree/ Strongly Agree (15): 100%
I learned about the consequences of injury and quality of life after injury.	Somewhat Agree/ Strongly Agree (20): 95%	Somewhat Agree/ Strongly Agree (19): 100%	Somewhat Agree/ Strongly Agree (27): 100%	Somewhat Agree/ Strongly Agree (17): 94%	Somewhat Agree/ Strongly Agree (14): 93%



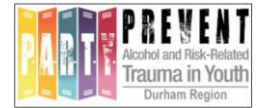
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	April 4/23: 21 students	April 18/23: 19 students	May 2/23: 27 students	May 16/23: 18 students	May 31/23: 15 students
I understand, or I am beginning to understand, my individual role in injury prevention.	Somewhat Agree/ Strongly Agree (20): 95%	Somewhat Agree/ Strongly Agree (19): 100%	Somewhat Agree/ Strongly Agree (26): 96%	Somewhat Agree/ Strongly Agree (16): 89%	Somewhat Agree/ Strongly Agree (15): 100%
I would recommend this program to other students.	Somewhat Agree/ Strongly Agree (20): 95%	Somewhat Agree/ Strongly Agree (19): 100%	Somewhat Agree/ Strongly Agree (26): 96%	Somewhat Agree/ Strongly Agree (16): 89%	Somewhat Agree/ Strongly Agree (15): 100%

Sample Student Comments: ‘What is something new you learned?’

- *To always wear a seat belt, to drive the speed limit, to not be on the phone driving.*
- *I learned that even us teenagers can help prevent in juries by reminding and warning drivers.*
- *I learned that not just the driver not paying attention could be a hazard. Also the passengers not wearing a seatbelt.*
- *I learned that I play a big role in preventing accidents and that one small distraction could cause loss of life.*
- *I learned that we as youth have the power to change the future when it comes to driving.*
- *I learned lots of youth today need to have more awareness and be grateful of our precious lives today.*
- *I learned that in a matter of moments, anything can happen and to always encourage sober driving and paying attention.*
- *How easy it is to get charged with distracted and impaired driving. Also learned I can be stronger mentally than I think I am.*
- *I learned how one small action can cause life threatening injuries and trauma.*
- *How important it is to wear your seatbelt and not text while driving.*
- *Wear your seatbelt, be a responsible driver.*
- *Severe injuries/consequences can come from little acts such as texting or not wearing a seatbelt or helmet.*
- *To think about others before you make a decision.*
- *I learned a lot today and I was touched by the stories that I heard.*
- *That little things we don’t think matter and can actually mean a lot.*
- *Being under the influence is no different than being distracted by a phone or person.*
- *That distracted driving is just as bad as impaired driving.*
- *The consequences from a simple action are a lot more than I could ever imagine. I should be more considerate of everyone in my actions.*
- *I didn’t know that being parked and in the driving seat while intoxicated is an offence.*
- *I never knew that 90% of events are predictable and preventable. I found that fascinating because that changes my outlook.*



Sample - General Student Comments:

- *Today's presentation was great and a wonderful experience. I would highly recommend it to others!*
- *I liked the information presented and it gave me lots of insight.*
- *I don't think anything needs to be changed as it was teaching me things I had no idea about.*
- *I think the things people need to learn about is taught well.*
- *It was an emotional thing but amazing!*
- *Everything was excellent!*
- *Important info being taught, good things to learn.*
- *Perfect presentation. Thank you!*
- *Very informing and inspirational presentation.*
- *Although I had heard about these situations, listening to it from someone first hand made me realize how grateful I am.*
- *The presentation was very informative and the hands-on activities helped us grasp and hold onto the ways to prevent MVCs.*
- *It was a great learning opportunity, 10/10.*
- *Very informational, emotional; overall great opportunity.*
- *It was an amazing experience and I learned lots and was taught a lot of what I should and should not be doing.*
- *It was an eye-opening experience for me and I enjoyed the whole presentation.*
- *I loved the program! The speakers were incredible! I would love more resources on how I can personally take action!*
- *This was amazing and the information was very insightful! I liked the interactive demonstrations a lot!*

Follow Up:

In order to keep the conversation going, after the pilot school program was finished, teachers received:

- **'Teacher Resources'** to support the program; and
- **'Parent/Caregiver Resources'** to send home.