

1. **Injury: Cost**

Parachute: Cost of Injury in Canada 2021

<https://parachute.ca/en/professional-resource/cost-of-injury-in-canada/>

2. **Traumatic Brain Injury/Concussion:**

a) **Heads Up! Durham:** <https://www.headsupdurham.ca/>

Durham Region P.A.R.T.Y.: <https://www.headsupdurham.ca/party-program.html>

b) **Injury in review, 2020 edition:** Spotlight on traumatic brain injuries across the life course
<https://www.canada.ca/en/public-health/services/injury-prevention/canadian-hospitalsinjury-reporting-prevention-program/injury-reports/2020-spotlight-traumatic-braininjuries-life-course.html>

c) **Brain Injury Awareness Month - June:**

Brain Injury Canada: <https://braininjurycanada.ca/en/brain-injury-awareness-month/>

Ontario Brain Injury Association: <https://obia.ca/events/brain-injury-awareness-month/>

d) **Unmasking Brain Injury:** <http://unmaskingbraininjury.org/>

Ontario Brain Injury Association: <https://obia.ca/get-involved/unmasking-brain-injury/>

e) **OPHEA:**

Rowan's Law Day Toolkit for Schools

<https://ophea.net/rowans-law-day-toolkit-schools>

Ophea's Concussion Prevention, Identification, and Management for Schools 2022/23 eLearning module

<https://ophea.net/professional-learning/opheas-concussion-prevention-identification-andmanagement-schools-202223-e>

f) **Ontario Brain Injury Association (OBIA):** <https://obia.ca/>

Concussion FAQ's: <https://obia.ca/resources/brain-injury-information/concussion-faqs/>

Brain Injury Awareness Month: <https://obia.ca/events/brain-injury-awareness-month/>

Concussion: Children and Youth: download - <https://obia.ca/resources/brain-injury-information/concussion-resources-for-children/>

Concussion Adults, Booklet- Download: <https://obia.ca/resources/brain-injury-information/concussion-resources-for-adults/>

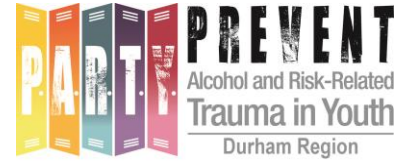
Concussion Handbook – Sunnybrook: <https://obia.ca/resources/brain-injury-information/concussion-resources-for-adults/>

Concussion and You – Holland Bloorview: <https://obia.ca/resources/brain-injury-information/concussion-resources-for-children/>

Educating Educators About ABI: <https://obia.ca/resources/brain-injury-information/educating-educators-about-abi/>

g) **Brain Injury Canada:** <https://braininjurycanada.ca/en/>

BRITE – Brain Injury and Teens: <https://britecanada.ca/>



Statistics on brain injury: <https://braininjurycanada.ca/en/blog/2020/10/15/statistics/>

By 2031, traumatic brain injury (TBI) is expected to be among the most common neurological conditions affecting Canadians...

Traumatic brain injury (TBI) is a leading cause of disability globally.

Brain Injury Information: <https://braininjurycanada.ca/en..3002/resourcesite/>

h) Parachute: Concussion <https://www.parachute.ca/en/injury-topic/concussion/>

Concussion Protocol for Schools: <https://parachute.ca/en/professional-resource/concussion-collection/concussion-protocolresources-for-schools/>

i) Concussion Awareness Training Tool (CATT) <https://cattonline.com/>

j) Durham Region Health Department: <https://www.durham.ca/en/health-andwellness/preventing-concussions.aspx>

3. General Safety Resources: Drivers, Pedestrians, Cyclists, Passengers

a) Durham Vision Zero: <https://www.durham.ca/en/living-here/resources/Durham-VisionZero-Report.pdf>

b) The Ontario Road Safety Resource: <http://ontarioroadsafety.ca/en/>
...tools and teaching aids to educate Ontario children and youth about...the life-saving knowledge that will make them safer pedestrians, passengers, riders, and drivers. Browse by grade level or topic for lesson plans, toolkits, activities, and more.

Secondary: <https://ontarioroadsafety.ca/en/secondary/>
...created by teachers, for teachers...

c) Parachute:

Road safety <https://parachute.ca/en/injury-topic/road-safety/>

Canadian Youth Road Safety Week

<https://parachute.ca/en/program/canadian-youth-road-safety-week/>

....designed to build public awareness of teen driver safety issues and encourage communities to be part of the solution.

d) Traffic Injury Research Foundation: TIRF

(2018). **Collisions Among Fatally Injured Drivers of Different Age Groups, 2000-2014.**

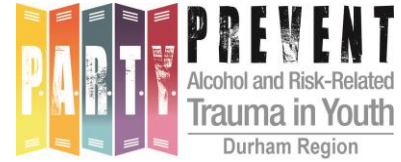
<http://tirf.ca/wp-content/uploads/2018/08/Collisions-Among-Fatally-Injured-Drivers-of-Different-Age-Groups-2000-2014-7.pdf>.

(2015). **Trends Among Fatally Injured Teen Drivers, 2000-2012.**

https://tirf.ca/wpcontent/uploads/2017/01/Trends-Among-Fatally-Injured-Teen-Drivers-20002012_11_V6.pdf.

Brain on Board (TIRF): Seatbelts - https://brainonboard.ca/wp-content/uploads/dlm_uploads/2021/03/Seatbelts_Fact_Sheet_Eng_4.pdf

Brain on Board (TIRF): Airbags - https://brainonboard.ca/wp-content/uploads/dlm_uploads/2021/03/Airbags_Fact_Sheet_Eng_4.pdf



e) **Ministry of Transportation -Pedestrian Safety**

<https://www.ontario.ca/page/pedestrian-safety>

4. **Impaired Driving:**

a) **MADD Canada (Mothers Against Impaired Driving Canada):**

<https://madd.ca/pages/>

MADD Durham: <https://maddchapters.ca/durham/>

Information for Parents: (includes Contract for Life)

<https://madd.ca/pages/programs/youth-services/information-for-parents/>

Contract for Life: https://madd.ca/media/docs/contract_for_life.pdf

School Presentations: <https://madd.ca/pages/programs/youth-services/schoolprograms/>

b) **Parachute: August 23, 2022: #KnowWhatImpairedMeans**

<https://parachute.ca/en/program/knowwhatimpairedmeans/>

In young drivers aged 16 to 25, almost half of crashes involve drug or alcohol impairment.

c) **Government of Canada:**

<https://www.canada.ca/en/services/policing/police/community-safetypolicing/impaired-driving.html>

National Impaired Driving Prevention week: <https://www.canada.ca/en/public-safetycanada/campaigns/national-impaired-driving-prevention-week.html>

d) **Government of Ontario:** <https://www.ontario.ca/page/impaired-driving>

e) **Canadian Centre on Substance use and Addiction: Impaired Driving**

<https://www.ccsa.ca/impaired-driving>

f) **Ontario Students Against Impaired Driving (OSAID):** <https://www.osaid.ca/>

g) **arrive alive-Drive Sober:** <https://www.arrivealive.org/>

h) **RCMP Youth Impaired Driving:** <https://www.rcmp.gc.ca/cyccp-cpcj/id-cfa/index-eng.htm>

5. **Distracted Driving:**

a) **Ontario:** <https://www.ontario.ca/page/distracted-driving>

b) **CAA** <https://www.caa.ca/driving-safely/distracted-driving/>

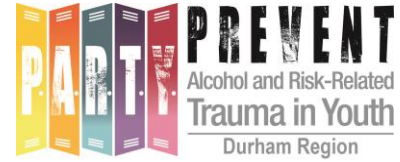
c) **Parachute:** <https://parachute.ca/en/injury-topic/road-safety/>

d) **RCMP: Distracted Driving and Fatigued Driving:** <https://www.rcmp-grc.gc.ca/cyccp-cpcj/dd-dv/index-eng.htm>

e) **Leave the Phone Alone - Take the Pledge:**

“I pledge to LEAVE THE PHONE ALONE while driving. From now on, I will avoid distractions caused by talking, texting or using a hand-held electronic device while behind the wheel of my vehicle”

<https://www.leavethephonealone.ca/en/take-the-pledge>



- f) **Traffic Injury Research Foundation (TIRF): Drop It and Drive-** <https://tirf.ca/diad/>
Distracted Driving Policy - A Criminal Justice Perspective on Penalties:
<file:///C:/Users/Linda/Downloads/TIRF-Road-Safety-Bulletin-Distracted-Driving-Policy-9.pdf>
6. **Pedestrian Safety:**
- a) **CAA:** <https://www.caasco.com/advocacy/road-safety/pedestrian-safety>
- b) **Parachute:**
Pedestrian Safety: <https://parachute.ca/en/injury-topic/pedestrian-safety/>
Distracted Walking Infographic:
<https://parachute.ca/wpcontent/uploads/2019/06/Teen-Pedestrian-Safety-Infographic.pdf>
- c) **Ministry of Transportation**
Pedestrian Safety: <https://www.ontario.ca/page/pedestrian-safety>
7. **Cycling Safety:**
- a) **Parachute - Cycling:** <https://www.parachute.ca/en/injury-topic/cycling/>
73 per cent of cycling deaths in Canada involve a collision with a motor vehicle. Head injuries are a leading cause of death to kids on bicycles. A properly fitted and correctly worn bike helmet....cutting the risk of serious head injury by up to 60 per cent.
- b) **Ontario:** <https://www.ontario.ca/page/bicycle-safety>
- c) **CAA:** <https://www.caa.ca/driving-safely/cycling/>
- d) **Ontario Road Safety:** <https://ontarioroadsafety.ca/en/topics/bicycle-safety/>
Secondary: <https://ontarioroadsafety.ca/en/secondary/risky-behaviour-and-prevention/>
8. **Rail Safety: Operation Lifesaver -** www.operationlifesaver.ca
9. **Awareness Weeks: Take Action!**
- January:**
Winter Driving Campaign: www.ontario.ca/transportation
Snowmobile Safety Week: www.ofsc.on.ca
- March:**
Distracted Driving Campaign: www.opp.ca
Seatbelt Campaign: www.opp.ca
National Impaired Driving Prevention week: <https://www.canada.ca/en/public-safetycanada/campaigns/national-impaired-driving-prevention-week.html>; 3rd week
- April:**
National Rail Safety Week: www.operationlifesaver.ca
- May:**



Heads Up! Durham:
Durham Region P.A.R.T.Y.
Teacher Resources/References
Updated April 2025



National Safe Boating Week; Canadian Safe Boating Council; <https://csbc.ca/en/safe-boatingawareness-week>

June: **Brain Injury Awareness Month:

-OBIA: <https://obia.ca/events/brain-injury-awareness-month/>

-Brain Injury Canada: <https://braininjurycanada.ca/en/brain-injury-awareness-month/>

Safe Kids Week: www.parachutecanda.ca

ATV Safety Week: www.ofatv.org

Off Road Safety Month: <https://canadasafetycouncil.org/atv-rider-tips-for-off-road-safety-month/>

September

Distracted Driving Campaign: www.opp.ca

Seat Belt Campaign; MTO/OPP: www.ontario.ca/transportation

October:

Pedestrian Safety Campaign: www.ontario.ca/transportation

School Bus Safety Week: www.osba.on.ca

National Teen Driving Safety Week: www.Parachutecanada.org

November:

Arrive Alive Drive Sober: www.arrivealive.org

December:

National Safe Driving Week: www.canadasafetycouncil.org